

Treatment of Eczematous Lesions with a Rare Remedy Folliculinum – A Case Report

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ABSTARCT:

As defined by the World Allergy Organization (WAO) revised nomenclature in 2003, eczema (also known as atopic dermatitis) is a chronic, relapsing, and itchy inflammatory skin condition. In the acute stage, eczematous lesions are characterised by poorly defined erythema with surface change (oedema, vesicles, and weeping). *Folliculinum (a Sarcodes)*, commonly known as Oestron, is a natural hormone secreted by the ovaries. It is obtained as a white, water insoluble crystalline compound. Being insoluble in water, initially up-to first three attenuations, are prepared by trituration. It is only the fourth Hahnemannian centesimal attenuation that becomes the first attenuation to be soluble in water. In 2010 the birth control pill celebrated its 50th anniversary. Three generations of women in industrialized countries have made use of it. In this case report, female patient suffering from eczematous lesions on legs was consulted OPD. The history revealed use of Oral Contraceptive Pills. She was treated successfully with folliculinum 200 one dose daily. The patient was completely cured within 3 months. The improvement is evident from disappearance of eczematous lesions as seen in follow ups.

KEYWORDS: Eczema, Folliculinum, Homeopathy, Oral Contraceptive Pills.

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INTRODUCTION:

Eczema, as defined by the World Allergy Organization (WAO) revised nomenclature in 2003, affects 15% to 20% of school children worldwide and 2% to 5% of adults. Only about 50% of people with eczema demonstrate allergic sensitisation. In the chronic stage, lesions are marked by skin thickening (lichenification).^[1] Folliculinum is made from oestrone, a synthetic form of

oestrogen, secreted from ovarian follicles. Folliculinum was clinically proven in detail by Madame De Mattos in the 1950s. Results have been documented in *Materia Medica of New Homoeopathic Remedies* by O. A. Julian. Sphere of action of this medicine is on female reproductive system, Neuro-endocrine system, Cardiovascular system and Hematopoietic system and skin.^[2]

Contraceptive pills were born in early 1940s, offering to be a much safer yet highly effective mode of contraception. However, time has evidently shown that it isn't as safe as it was thought to be. It was full of unwelcomed side effects affecting not only the woman consuming it, but also her children, irrespective of gender was not spared. To our astonishment a lot of striking facts have surfaced regarding the contraceptive pills. OCP (Oral Contraceptive Pills) have been associated with High incidence of cervical dysplasia, uterine, vaginal, ovarian & breast cancers in women who are on contraceptive pills, hypertension and hypercholesterolemia, thrombolytic phenomena and Children that are born out of DES (Diethylstilbesterol) mothers usually suffer from abnormal genitals like small, infertility, sub-fertility, etc.; and sons born to DES mothers usually have a low sperm count or abnormally shaped sperm.^[3]

Folliculinum have been found to be especially adapted to those who having long history of domestic/professional/religious domination by other, Suitable for women whose creativity has been blocked by a domineering parent or spouse, which leads to depression, anxiety, hypersensitivity and instability, panic attacks, dizziness and faintness, Women who been abused sexually, psychically or physically, either now or at times in the past, particularly when the abuser was her loved one, Women suffering from premenstrual syndrome & during climacteric period with emotional distress, State that a women has reached as a result of oestrogen abuse, e.g. prolonged use of birth control pills, Women with irregularities of menses in any form; complaints < before menses and > after menses and all symptoms < ovulation to menses.^[2,4]

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feeling of being controlled, abused, feeling of being dominated against her will, as if suppressed one's individuality for someone else, constantly living in self-denial, feeling of emotional drain. There is a very strong link here with Carcinosis and it is not surprising that Folliculinum works well when Carcinosis is indicated but does not act. Cancer cells after all are cells, which have lost their identity, lost their ability to differentiate themselves, to individualize. They revert to primitive cells with no selfhood.^[5]

Theme for Remedy folliculinum is pressure.

First Pressure- i. A dominant or possessive parent, friend or marriage partner; and certainly where there is intolerant religious dominance ii. There is feeling of being controlled, abused, feeling of being dominated against her will, constantly living in self-denial, feeling of emotional drain and then they become as suppressed and sensitive individual, tend to bottle up their emotions within, especially affecting their hormonal state.

Second Pressure - i. Is that of circumstance or work, such as that suffered by people who have worked to exhaustion point over a period of time, and seem to be incapable of recuperation, or even responding to the indicated homoeopathic medicine- WORK PRESSURE. ii. An increasing number of teachers under pressure from pupils, parents, management, ministers and new examinations. iii. but not least in importance, doctors, and sometimes their wives, also oppressed by ministers, management, Health and Hospital Committees and of course patients.

Third Pressure - continued ill health or slow recovery after recurrent or severe infection. This covers, young men after glandular fever or presenting with what is becoming identified as 'Post viral syndrome'.^[6]

CASE REPORT:

A 40-year-old lady came to OPD of State Lal Bahadur Shastri Homoeopathic Medical college and Hospital, Prayagraj, on 2nd March 2021 with eczematous lesion since 3 years. She gave a history of irregularities in menses 3.5 years ago for which she was on hormonal treatment after which menses became regular but the eczematous lesion appeared over lower extremities. As many articles published so far showing side effects of OCP on female body, one of the article says hormonal contraceptives, most of which contain norethindrone and norethynodrel combined with estrogen, maintains the body in a state of “artificial pregnancy” and can cause hormonal,

vascular, metabolic and neurogenic side effects seen in pregnancy. Many of these includes skin. Herpes gestationis is a form of herpetiform dermatitis with vesicular and bullous eruptions.⁷ Hence we consider as one of the side effects of OCP, further while taking menstrual history, she was having painful menses. On further interrogation, she revealed to be had been sexually abused in childhood. Based on this History of hormonal treatment, past history of sexual abuse & Dysmenorrhoea, she was prescribed Folliculinum (Table-1). Improvement in lesions is evident within 1 month and in 3rd month lesions almost completely disappeared. (Fig. 1,2,3).

Table-1: Prescription Details and Time line:

Date	Complaints	Prescription
2.3.2021	Bilateral legs eczematous lesions	1. Folliculinum 200/ 6 globules/ Empty Stomach morning 2. Nihilinum 200/ Three times a day / 6 globules/1 month
5.4.2021	Eczematous lesions better in both legs	1. Phytum 200/ 6 globules/ Empty Stomach morning 2. Nihilinum 200/ Three times a day / 6 globules/1 month
4.5.2021	Eczematous Lesions almost disappeared from both legs	1. Phytum 200/ 6 globules/ Empty Stomach morning 2. Nihilinum 200/ Three times a day / 6 globules/1 month



Fig. 1. 1st Visit on 2.3.2021


Fig-.2: 2nd Visit on 5.4.2021

Fig-3: 3rd Visit on 4.5.2021

RESULTS AND DISCUSSION:

Eczema is a common chronic skin condition that can lead to recurrent infections and poor quality of life if left untreated. Main conventional treatment for eczema is application of tropical steroids but it has lots of side effects like atrophy, stretch marks, acne, telangiectasia and rebound dermatitis/rosacea.

Many articles published so far showing side effects of OCP's on female body. The equilibrium of healthy skins and mucosa might be affected by these chemicals or

pharmaceutical agents, causing different manifestations. In above case mentioned we found similar presentation of eczema in lady after long use of OCP.

It was found that Folliculinum remedy as described in various Materia Medica it is well used when hormones are abused in body, also in Materia Medica of sarcodes and nosodes by Gaurang Gaikwad Folliculinum comes up over and over again in cases where women have been sexually abused, psychically or physically, either now or at any time in past.

Patient in above case gave history of hormonal pills for irregular menses which when became better eczematous lesions appeared over body and also she gave history of sexual abuse on the basis of which we prescribed Folliculinum a rare remedy. Implementation of individualised homoeopathic medicines on the basis of full case history can provide a promising cure of such chronic diseases. Intake of single dose folliculinum 200 cured the chronic eczematous lesions of patient as evident in photographs.

CONCLUSION:

In various chronic diseases where after years of treatment with conventional medicines no improvement occurs or relapses occurs individualised homoeopathic medicines proves themselves to be effective.

LIMITATIONS OF THE STUDY:

This is only a single case, further studies with a greater number of cases can be done to proof effectiveness of Folliculinum.

PATIENTS CONSENT:

In this study patients' consent was taken for publication of case and photographs.

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