Integrated procedure with *Partial-fistulectomy* and *Ksharasutra* application in the management of complicated fistula in ano-Clinical video

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Abstract

*Ksharasutra* (Para surgical procedure using a thread treated by alkalies) is being practiced in Indian system of medicine since ancient time for management of ano-rectal disorders; particularly for *Bhagandara* (fistula in ano), and generally difficult to treat. *Bhagandara* (Fistula-in-ano) is treated by different modalities in modern science, but till today no single modality has proved to be complete cure for *Bhagandara* (Fistula-in-ano). Not only complete cure, but serious post-operative complications like faecal incontinence, high recurrence rate. An appropriate answer for the management is a unique specialized para surgical procedure *ksharasutra* therapy which is well accepted and WHO approved. A case of 30-year male patient visited having complaints of swelling in left perianal and pus discharging sinus near anus since last one and half years. He was diagnosed as complicated fistula-in-ano with two openings. Under spinal anaesthesia partial fistulectomy with ksharasutra ligation was done and post-operative daily sitz bath with *Panchavalkala* kwatha twice a day advice, daily dressing was done with jatyadi oil and apamarga kshara sutra changed every week. After 6 weeks, cut through of the track patient was followed up after 1 year. No sign and symptoms of recurrence were observed.

**Key words**: *Bhagandara*, Fistula in ano, Partial-fistulectomy, *Ksharasutra*

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